
aray
Life Skills
Video Practice
Stand Out 2 Unit 8

Ask your students the following questions to introduce the topic of the video they will watch.



A **BEFORE** **Discuss the questions with a partner.**

1. Do you set goals for yourself?
2. Describe a goal that you achieved. What did you do to achieve it?

Silent Viewing: Show the video in segments without sound so students can guess at the story line.

WATCH THE VIDEO WITHOUT SOUND AND TRY TO GUESS THE STORY.

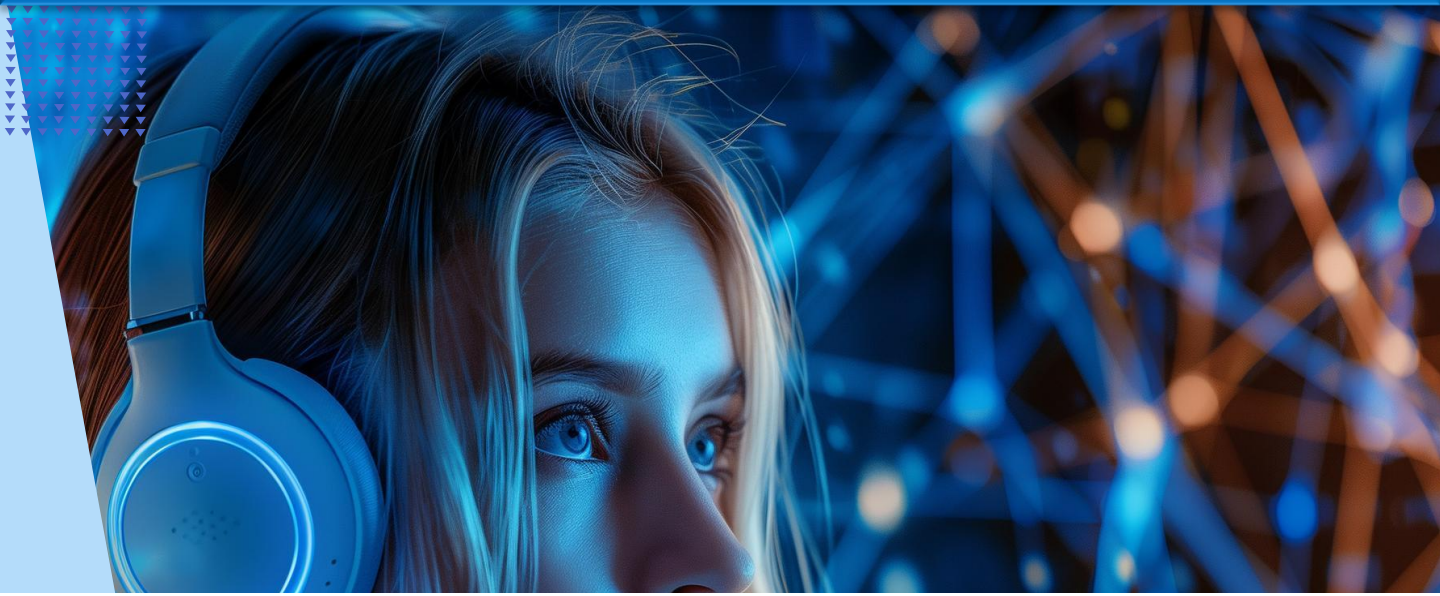


Second Viewing: Show the video again so students can check predictions.

WATCH THE VIDEO WITH SOUND AND TRY TO RETELL THE STORY.



Ask your students to watch the video and complete the activity. Replay the video if needed.



B **WHILE** **Watch the video and complete the parts of the conversation.**

Naomi: It teaches you how to (1) _____ goals and achieve them.

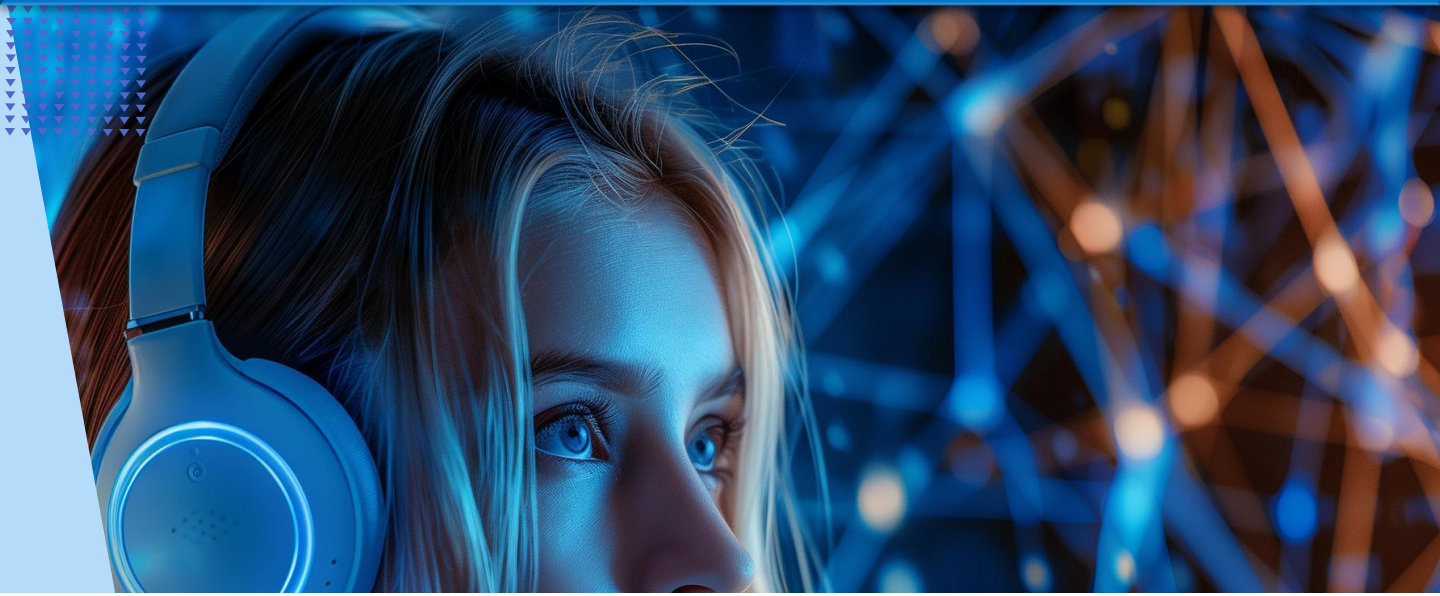
Naomi: "To be (2) _____ in life, you need to set goals."

Mateo: (3) _____ give your life a sense of (4) _____.

Naomi: "First, you need to (5) _____ your goal. Then, you need to make a (6) _____ for achieving your goal."

Naomi: You have to make a plan that goes (7) _____-by-step.

Check the correct answers with students.



B **WHILE** **Watch the video and complete the parts of the conversation.**

Naomi: It teaches you how to (1) make goals and achieve them.

Naomi: "To be (2) successful in life, you need to set goals."

Mateo: (3) Goals give your life a sense of (4) direction.

Naomi: "First, you need to (5) set your goal. Then, you need to make a (6) plan for achieving your goal."

Naomi: You have to make a plan that goes (7) step-by-step.

Ask your students to watch the video and complete the activity. Replay the video if needed.



C **AFTER** In your notebook, write the steps Naomi, Mateo, and Hector plan to take to achieve their goals.

Check the correct answers with students.



C **AFTER** In your notebook, write the steps Naomi, Mateo, and Hector plan to take to achieve their goals.

Set your goal , get a degree , …

Select students. Have partners take turns performing the task. Check and correct anywhere possible.



TALK ABOUT YOUR CAREER GOALS, AND WHAT STEPS YOU NEED TO TAKE TO ACHIEVE THEM.

Life Skills Video Scripts

UNIT 8 Sounds Like a Good Plan

Hector: Hey, Naomi. **Naomi:** Oh, hi, you guys. **Mateo:** Are you taking a break? **Naomi:** Yes and no. **Hector:** What do you mean? **Naomi:** I'm not working, but I'm reading a book about goals. **Hector:** What kind of book is that? **Naomi:** Well, it's called a "self-help book." It teaches you how to make goals and achieve them. **Hector:** That sounds interesting. What does it say? **Naomi:** It says here: "It is becoming more and more difficult to get a good job and make enough money. To be successful in life, you need to set goals." **Mateo:** That makes sense. Goals give your life a sense of direction. **Naomi:** That's right! "First you need to set your goal. Then you need to make a plan for achieving your goal." **Hector:** Could you explain that a little more? **Naomi:** You can't just cross your fingers and sa y, "I hope my dreams come true."You have to make a plan that goes step by step. My dream, for example, is to be a graphic artist. So, first I ha ve to go to art school. Then I'll get an internship. That's my plan for the next three years. **Mateo:** That sounds like a good plan. **Naomi:** What about you, Mateo? What are your goals? **Mateo:** Well, I enjoy working at the store. I like working with people and I like working with money. So I'm going to get a degree in business and management. **Hector:** That's cool. **Mateo:** Yeah. I want to get my degree. And if I get a job in a big store, I can become a manager. **Naomi:** Wow! Sounds like you really know what you want to do. **Mateo:** One day, I might even want to open a store of my own. **Hector:** That would be great! **Mateo:** And when I have enough money, I'd like to buy a house and a car of my own. Maybe even get married too! **Hector:** Married? You don't even have a girlfriend! **Naomi:** Well, it's good to know what you want. **Hector:** I know what I want to do! **Naomi:** Oh really? What's that? **Hector:** I want to be a journalist. **Naomi:** Hector Sanchez, the reporter. I can see it now! **Mateo:** On the front page of the L.A. Times! **Hector:** I'm already taking classes in journalism. And I want to get a job on the school newspaper. **Naomi:** That's great. **Mateo:** Good job, my man. Does that mean you're going to quit Patel's store? **Hector:** Not just yet. It's good to take things step by step. **Mateo:** Speaking of step by step, are you guys ready to go?